

If you see or
hear something that
doesn't feel right...

**tell
someone!**

Friendship problems?

Worried about a friend?

Are you being, or have you seen someone being bullied?

Has something happened to you or a friend
involving an adult in or out of College?

Have you or a friend been
emotionally, sexually or physically abused?

Has someone asked you to send them
explicit pictures of yourself?

Tell someone!

Tell any member of staff!

Tell someone online at

www.fromecollege.org/students/tellsomeone

Want to talk to someone right now? If you need to talk to someone about
anything you're worried about, you can call Childline on **0800 11 11**,
or visit the CEOP website (www.ceop.police.uk)

If you are in immediate danger please call **999**