TERM 2 2024/25



Frome College

Matters



GCSE Presentation Evening

News from the classroom

EARTH HOUSE

Poppy Day Appeal Success

Library News

COLLEGE SPORTS

www.fromecollege.org

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Visit www.fromecollege.org











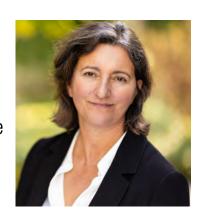


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Principal's Letter

This term, we have been delighted to see our eco initiatives moving from strength to strength. Students from Earth House were joined by Frome Town rangers during 'National Tree Week' for tree planting around the College site. Our Earth House ambassadors also weeded and added mulch to our existing trees, hedgerow and our outdoor Learning Circle. Thank you to the Woodland Trust for supplying hundreds of indigenous trees and thanks, as always, to the Rangers who help us to move closer to realising our environmental ambitions for College.



Emma Reynolds
Principal, Frome College

Mobile free Wednesdays have proved to be a respite from screens with more and more students choosing to leave their phones at home for the day. Activities at break and lunch time provided opportunities to socialise and enjoy different activities ranging from music to darts to visiting the gym. Whilst some students have voiced less enthusiasm in our survey, this student's quote says a lot 'it was a relief not to check up on things and just talk to my friends'.

Charity work remains a strength with £322 donated to the charity 'Little People'; well done and thank you to everyone who contributed. Cadets also collected donations for the Royal British Legion and represented the College in our annual Remembrance Service held in the Merlin Theatre as well as the community event on Remembrance Sunday.

College students have once again been fortunate to experience trips and outings to complement their studies. This term these have included a Media trip to Warner Brothers Studio, a Chemistry trip to the University of Bath, a library visit to Downside School, cadet trip to the Boulder Rooms and a residential theatre trip to London alongside our Year 12 and 13 AIM students' excursion to New York. Thank you to all staff who have worked hard to make these opportunities such a success.

Cont.....



We have enjoyed many sporting fixtures this term, including Year 9 under 14s boys' football team playing matches for the Somerset Cup; we are currently through to round 3. Meanwhile, a recent girls' team won their match (4-1) against Writhlington School, as did the year 9 Netball team. The Year 9 lunchtime football league continues to be a success with nearly 70 pupils participating!

Well done to all Year 11 students who sat their mock exams as practice and preparation for the summer exams. The year group is working well overall and attendance to intervention and revision sessions has been strong. Next term we will republish timetables of revision activities and it is worth noting that we will hold our Easter revision conferences between the dates of 7th- 17th April. Exact dates and time will be announced in the coming term.

Term was fittingly rounded off with the heart-warming Christmas Concert in St. John's Church, our thanks to the students and staff for their stellar performances. I wish you all a very Happy Christmas and a Peaceful New Year and I look forward to sharing more news with you in 2025. In particular we look forward to our 6th form class of 2024, who left us in the summer to go off to University, apprenticeships and employment, returning for our Sixth Form Certificate event on Tuesday 7th January from 3.30pm onwards in Future's common room.





Congratulations to Neve, a talented Year 11 student who recently celebrated her musical achievement with a well-deserved 'hot chocolate with the Head' after successfully passing her Grade 5 Pop Singing exam. Her hard work and dedication have certainly paid off!

Frome College

ALICE IN WONDERLAND

by Lewis Carroll. Adapted for stage by Brainerd Duffield

5th - 7th February, 2025

Tickets available from the Merlin booking office

Adults £9

Children £5



This amateur production of "Alice in Wonderland (Duffield)" is presented by arrangement with Concord Theatricals Ltd. on behalf of Samuel French Ltd. www.concordtheatricals.co.uk

GCSE Presentation Evening

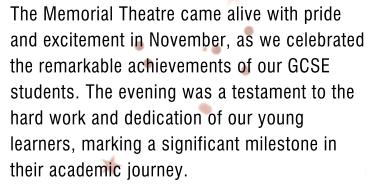
















A special highlight of the night was the presence of Tom Dore, Vice President of British Esports Federation, who delivered an inspiring talk about emerging career opportunities. His insights provided students with a valuable perspective on potential pathways beyond traditional career routes. Congratulations to all the students who received their certificates and awards – your accomplishments are a source of immense pride for our entire school community.



























Mayor of Frome, Cllr Andy Jones





















Combined Cadet Force

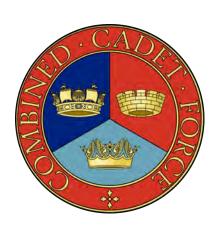


Cadets from Frome College's Royal Navy CCF section made an impressive contribution to this year's Remembrance Day appeal. On Saturday, 26th October, they sold poppies in Frome town centre, and continued collecting in College the following week. Their efforts were a resounding success, raising £870.07 – a significant increase from their previous year's collection of £533.01. The funds will support the Royal British Legion's vital work in assisting veterans and their families.

These young cadets have demonstrated remarkable community spirit and commitment to honouring those who have served.









Frome Cadets attended the Frome Boulder Rooms on Tuesday 3 December and had great fun scaling the climbing walls with climbs that ranged from easy to very difficult. About half of the cadets had not climbed before, so this was a new sport to them. Several of the cadets were commended by the boulder room staff as 'naturals' who scaled the walls as if born to them.

All derived a great sense of satisfaction, fun and enjoyment at whatever level of achievement and skill they showed and were keen to return to the boulder rooms in the



Models and Miniatures Club Continues to Thrive into its Third Year

The Models and Miniatures Club is charging into its third successful year, demonstrating remarkable resilience and enthusiasm among its members.

Students continue to showcase their creativity and skills by building, painting, and engaging in epic miniature battles using both club-provided models and personal collections.

Weekly attendance remains strong, with plenty of room for new enthusiasts to join the ranks. The club provides an exciting opportunity for students to develop their artistic and strategic skills while enjoying a vibrant, collaborative hobby.

Special recognition goes to Cyprian M and Noah H-G, who have been instrumental in leading regular miniature battles and keeping the group's energy high. Their dedication has not only enhanced the club's activities but also offers an excellent avenue for students to contribute to their Duke of Edinburgh (DofE) skills portfolio.

Whether you're a seasoned miniature painter or a curious newcomer, the Models and Miniatures Club welcomes all who are interested in this creative and engaging pastime. Why not drop by and season what exciting shallenges await?

see what exciting challenges await?

Models and Miniatures Club meets in S7 Thursdays at break and after school. Speak to Mr Pratt or Mr Barry.



Midsomer Norton Schools Partnership Year 9 Young Chef of the Year (Frome College Stage)

Winners:
Ava N (1st Prize)
Freddie H (2nd Prize)
Emily R (3rd Prize)
Josh B (Highly Commended)



Our talented young chefs showcased incredible skills, preparing two-course meals from scratch. The competition was so fierce, judges found selecting a winner incredibly challenging! Ava N will now represent Frome College in the Trust-wide competition.

Students Learn Practical Skills Whilst Helping to Transform School Grounds



Some of our remarkable Year 10 students have been transforming our school grounds after completing health and safety training with our Premises Manager

They're creating the new Pamoja Garden near the Maths block - a space that celebrates unity and community. The team has tackled everything from clearing pathways to removing old fencing, learning valuable practical skills along the way. Beyond the physical work, students have gained real-world insights into school operations and developed essential life skills like teamwork, communication, and resilience. Amazing to see our young people making such a positive impact on their school community!

Incredible Milestone for our Year 9 Drama Students!



After weeks of workshops and waiting, our Year 9 Drama students they saw their original screenplays brought to life by professional actors from Papatango Theatre Company. Each student received a book featuring their work - officially making them published playwrights with professional performance credits! A very proud moment for our young writers.

Crafting Magical Props for 'Alice in Wonderland'



The creative minds of the Design and Technology after-school club have been hard at work preparing for the upcoming school production of Alice in Wonderland. Students have taken on the exciting task of designing and crafting the props that will bring this whimsical world to life. From the oversized playing cards to the iconic Cheshire Cat grin, the club members are using their artistic skills to create vibrant and imaginative pieces that capture the essence of Lewis Carroll's fantastical tale. With rehearsals underway, the excitement is building for a spectacular performance, made all the more magical by the props designed by the club.





Earth House







Earth House Ambassadors Boost Biodiversity with Woodland Project

In a collaborative effort to enhance the College's outdoor learning environment, Earth House Ambassadors joined forces with the College construction team to develop an innovative ecosystem on campus. Partnering with Frome Town Rangers Asia and Mark, the team made significant strides in supporting local biodiversity during an intense three-hour project. The initiative saw the planting of over 40 metres of new hedgerow, revitalization of the learning circle area, and the initial groundwork for an exciting new 'bog garden'. Thanks to a generous donation from The Woodland Trust, the team planted an impressive array of indigenous trees, including Alder, Elder, Wild Cherry, Beech, Hawthorn, Oak, and several other native species. This project comes at a critical time, as The Tree Council reports a staggering 50% loss of national hedgerows over the past 75 years. The ambassadors are addressing this environmental challenge by creating what they call "wildlife corridors" - hedgerows that do far more than simply mark boundaries. These green barriers are powerful ecosystems that clean the air, capture carbon, mitigate flooding, and provide crucial habitats for local wildlife.

The ongoing 'bog garden' project, funded by <u>The Somerset Garden Trust</u>, aims to create a specialized habitat that will offer shelter, water, and food for local wildlife. As a final touch to their environmental efforts, the team is set to receive four fruit trees to further enrich their outside classroom area.

This remarkable initiative demonstrates the school's commitment to environmental stewardship

and hands-on learning about biodiversity and conservation.











Frome College Embarks on Ambitious Carbon Reduction Journey

Frome College is taking bold steps to combat climate change through a strategic partnership with Let's Go Zero, a national campaign dedicated to helping schools become zero carbon by 2030. The initiative brings together teachers, pupils, and parents in a collaborative effort to reduce the College's carbon footprint.

The project kicked off in October when Earth House Ambassadors began working closely with Jen Gale from Let's Go Zero. Their first critical step involves comprehensive data collection to identify the most effective strategies for reducing carbon consumption across the College community. While acknowledging the enormous challenge ahead, the College remains enthusiastic and committed to this important environmental mission. By collecting and analysing detailed carbon usage data, Frome College aims to develop a targeted approach to sustainability that can serve as a model for other educational institutions.

Let's Go Zero represents an innovative approach to environmental stewardship, uniting school communities in a shared goal of creating a more sustainable future. Frome College is proud to be at the forefront of this critical environmental initiative, demonstrating that meaningful climate action begins with dedicated and collaborative efforts.

The College continues to emphasize the importance of collective action in addressing climate change, showing that every step towards carbon reduction matters.

Earth House Guest Speaker Programme

Every fortnight the ambassadors gather to work with a community leader; an individual from Frome who is working hard to promote sustainability or healthy living within their organisation. In recent weeks we have welcomed. Charlotte Carson from Frome Medical Practice, Jen Gale from Let's Go Zero and Graham Burgess. Graham leads our Earth House Design and Technology Group every Thursday after College hours. This term we are committed to developing an astrological clock which is being designed and created using upcycled and recycled resources.



Earth House Allies Celebrate Sustainability and Collaboration

On 14th November 2024, Frome College held its second annual Earth House Allies meeting, bringing together environmental enthusiasts and community partners to reflect on achievements and plan future initiatives.

The gathering was particularly notable for welcoming the Eco Team from Oakfield Academy, who are in the early stages of establishing their own environmental programme. This collaborative approach highlights the growing momentum of sustainability efforts across local educational institutions.

The Earth House Ambassadors outlined an ambitious programme of activities for the coming year, including:

- A river clean-up project
- Installation of a Frome College Community Fridge
- · Continued development of the outside classroom
- A sustainability-focused careers fair in March 2025
- · Improved water collection systems across the college site
- Targeted efforts to reduce the College's carbon footprint

Community partnerships remain at the heart of these initiatives. The Earth House Ambassadors expressed heartfelt gratitude to their local partners, whose support and enthusiasm have been instrumental in driving meaningful environmental change.

By embracing experiential learning and collaborative approaches, Frome College continues to demonstrate its commitment to environmental stewardship and community engagement.



The Library

@fromecollegelibrary

It is beginning to look a lot like Christmas – in the library too! To recognise all the students that contribute to and support our library, we always celebrate in December with a Christmas Movie Afternoon along with Christmas snacks. Our Christmas movie afternoon took place on Friday the 13th of December. The year 10 librarians ran the event and the year 9 students had a fabulous festive afternoon.

If you would like to support our library this Christmas and will be buying your child a book, please consider buying them online from Love Reading 4 Kids. If you choose Frome College when you check out, 25% of the cover value will be credited to us. Alternatively, search the website for our wish list and if you can buy an extra gift, please consider buying us a book.

www.LoveReading4Kids

Book Club

We have a brand new book club and we love it! Our cosy club runs each Friday during tutor time and we (of course) supply the breakfast snacks. There is comfort and solidarity in reading together and students from all years 9, 10 & 12 are welcome. Finding a set of 15 books is costly so we have decided to read 4 books in smaller groups. We are currently reading:



Thug by Angie Thomas
One Wish by Michelle Harrison
One of Us is Lying by Karen M McManus
Solitaire by Alice Oseman

We will report back with our thoughts about these books in the next newsletter.

Crossing the line with Tia Fisher

Our annual trip to Downside Abbey happened in November. Student librarians met the marvellous Tia Fisher (Carnegie-winning author) who was promoting her new book Crossing the Line. Crossing the Line is a powerful book for young adults and addresses county lines, bullying, gun crime and abuse. It is an astonishingly gritty book — written with compassion, love and respect.



The Library continued....



The library funds the trip each year (subsidised by Downside School) for students who support the library throughout the year. We had many reasons to be very proud of our students during the visit. These trips are a highlight every year. A huge thank you to Janet Craig at Downside who helps to make this happen each year.

Bookshelf BFFs

The most exciting thing to happen this term in our library is the release of our very first podcast episode for BeSomerset radio. Three of the BFF's were lucky enough to interview local author — Ben Pulletz about his new children's book 'Luna Loves Somerset'. Luna, a young deer, travels around Somerset having adventures at lots of local landmarks.

Ben is an award-winning nature photographer and was inspired by the deer he would often photograph early in the morning around his Somerset home. Lydia, Leah and Martha spent a wonderful morning with Ben asking him about his photography career, his photos being chosen by the Co-Op for Christmas cards, and of course, Luna.

BeSomerset is a new radio station and the BFF's are excitedly recording their next instalment for them which is a review of The Good Girls Guide to Murder by Holly Jackson. We can't wait to hear it! The Bookshelf BFFs are available to listen to on the BeSomerset website: www.BeSomerset.com



We are hoping that 2025 (or Santa) will bring us our own recording studio (a converted kitchen above the library) and some recording equipment. We hope to secure some funding and grants — if you have any experience in this or are a local author and would like to be interviewed, the students would love to hear from you. Please email NOwsley@fromecollege.org.uk

The BFF's would like to thank Ms Owen who has made all this happen.



Sports Roundup



Football: Girls' Team Demonstrates Resilience and Skill

The Year 9/10 girls' football team has been making waves with two spectacular performances that showcase their determination and talent.

In a stunning display of resilience, the team secured a remarkable 4-1 victory against Norton Hill School, achieving this impressive result while playing with only 10 players. The match was a testament to the team's fighting spirit, with goals from:

- Myla-Rose
- Ava
- Lily-Rose (scoring a notable two goals)

Player of the Match (POTM) Aaliyah led the charge, demonstrating exceptional leadership and skill on the pitch.

The team followed this triumph with another commanding 4-1 victory against Writhlington School. This match was particularly dramatic, with the team overcoming a challenging first half where they trailed 1-0 to emerge triumphant in the second half.

Ava dazzled spectators with an incredible volley and a spectacular heel flick, while Lily-Rose confidently netted two goals. POTM Cecelia was pivotal to the team's success, with a special mention to Maisie for her solid defensive performance.



Netball: Year 9 Team Continues Winning Streak



The Year 9 netball team maintained their impressive form with a convincing 12-4 win against Writhlington School. Player of the Match Rosie led the team to yet another decisive victory, further cementing Frome College's reputation for sporting excellence.

Battling Spirit Shines in Somerset Cup Campaigns

Frome College boys' football and rugby teams have demonstrated remarkable determination across multiple Somerset Cup fixtures, showcasing resilience and skill despite facing tough opposition.

In the Year 9 football match against Chilton Trinity, the team delivered a thrilling performance that went to a penalty shootout. After a goalless first half, Keiran broke the deadlock with a skilful goal reminiscent of Harry Kane's style. When Chilton equalized late with a penalty, the match was decided by spot-kicks. Goalkeeper Jayden emerged as the hero, making three crucial saves to secure an 8-7 victory and progress to the next round.

The post-16 football team faced an equally challenging match against Taunton School. In cold, rainy conditions, they fought toe-to-toe with a strong opposition. After falling behind early, Elliot earnt a penalty to level the score. Despite dominating the second half and creating numerous chances, Frome ultimately lost 4-2 on penalties after Taunton scored all of their spot-kicks.

A rugby match against Kingsmead for the Year 10s told a similar story of commitment and fighting spirit. Despite a competitive first half that saw Frome trailing 10-5, the team's determination was evident. However, the opposition's superior fitness ultimately told, with the final score ending 55-5 in the visitors' favour.

Player Highlights:

- Year 9: Jayden M. (Player of the Match, Goalkeeper)
- Post-16: Elliot S. (Penalty earner)

Throughout these matches, Frome College's sport teams have demonstrated the true spirit of the game - fighting hard, showing skill and commitment, and never giving up, even when facing challenging opponents.

Community Noticeboard

Coping at Christmas

Christmas can be tough. That's why it's important to know there's always someone you can talk to.



- **©** 0300 123 3393
- 1 Helpline
 - mind.org.uk

shout 85258

- here for you 24/7
- Text SHOUT TO 85258
- 1 24/7 text service
- giveusashout.org

SAMARITANS

- **©** 116 123
- 1 24/7 text service
- samaritans.org

YOUNGMINDS

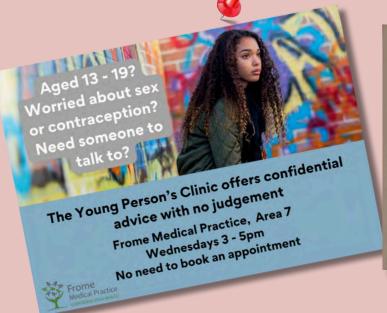
- Text YM to 85258
- 1 24/7 text service
- youngminds.org.uk



- 0800 585858
- 1 Helpline for men
 - theclamzone.net



- 0800 068 4141
- 1 Under 35's Helpline
- papyrus-uk.org





This certificate is presented to

Frome College

& friends

For your kind contribution of

£272.05

To help support those affected by cancer. Thank you.

Celine

Celine & the Coffee Morning Team

04 December 2024

Coping with anxiety



Feeling anxious can happen when we feel nervous, frightened, or uneasy about something such as starting a new school, waiting for exam results or friendship issues.

It's perfectly normal to feel this way from time to time, as it's our body's natural response to a situation we are not comfortable with. But sometimes our anxiety gets the better of us and it can start getting in the way of the things we enjoy.

We've shared some advice below.



Name it to tame it

It can be useful to know how anxiety shows up for you. It might be, for example, that you get butterflies in your stomach, or feel sweaty or tongue-tied. In these moments, it can be useful to say (aloud or in your head) 'oh, hello anxiety, you're here to let me know you think something might threaten me – thank you'.



Remind yourself of when you've overcome anxiety in the past

Think back to a time when you've felt anxious about something, but eventually overcame these feelings. For example, if you're feeling anxious about returning to school after the weekend, think back to a time you overcame these feelings by going to school. It can sometimes help by saying something like "thanks anxiety, but I've got this!"



Tell a friend or a grown up

Think about whether you can tell a friend, or a grown up at home or school. Everyone experiences anxiety from time to time and people are there to help you, so it's important to reach out and connect with others. It could be good to share things that help you to feel less anxious – and even to practise some of them together.



Keep a diary

It you're feeling anxious, it can sometimes be helpful to write some of your feelings down in a diary or on your phone. Make notes of things that you find helpful, or things that seem to make you feel worse.



Get active

When we feel anxious, our bodies get ready to cope with something that may threaten us. This is called the 'fight or flight' response. Our hearts beat faster, we sweat more, and our muscles become tense. To release these feelings, it often helps do something active. You may want to go for a walk, play football with friends, or go swimming.



Practise strategies that work well for you

Try different strategies that may help you to manage your anxiety. Finding and practising what works best for you can help reduce your anxiety quicker. If you have tried these tips and still feel overwhelmed by your anxiety, then it is important to tell you parent or carer and to ask whether you need to get a GP appointment.

If you're feeling overwhelmed and need to talk:



Text CONNECT to 85258 for free to speak to Shout



Call 0800 1111 to speak to Childline, or visit childline.org.uk for their free online chat



Visit <u>place2be.org.uk/help</u> for more advice





Casual Contract

£12.45 per hour

We are seeking to recruit Exam Invigilators for GCSE and A-level exams.

The role will be on a casual basis to assist with examination supervision throughout the year. The number of days and hours worked will vary dependant on demand and season, and you do not need to commit to working for every season. The peak season is May to June when students take most of their public exams. The school will also require invigilators for exam series in November and January to March. There is flexibility on number of hours worked to suit the individual invigilator, providing the needs of the college are met and all exams are fully supervised.

Full training will be provided, and you will join a friendly and supportive team of experienced exam invigilators and exam assistants.

Duties and Responsibilities include:

- Assist with setting up examination venues (arranging tables, laying out equipment and
- examination papers)
- Distribute and collect examination papers/scripts/materials from candidates at the start and end of exams
 - Ensure that the Examination Room is conducive to examination conditions and minimise distractions
 - Supervise the entry and exit of candidates to and from the Examination Room
 - Ensure that examinations begin and end on time as scheduled
 - Deal sensitively with candidates who have special arrangements

Frome College is a successful, vibrant, and forward thinking 13-19 Upper School with approximately 1300 students. It is a fast-moving College within the Midsomer Norton Schools Partnership. We are based on a stunning campus in easy reach of Bath and Bristol. Frome itself is a thriving market town, with a vibrant artistic community with the renowned Frome Festival, monthly Sunday market and many restaurants and 2 theatres, one of which is on campus.

Posted copies of application forms available upon request.

Completed applications should be returned by post or by email to: fccrecruitment@fromecollege.org.uk For more information or for an informal

discussion, please contact: Sharon Frew on 01373 465353. This post requires an

enhanced criminal background check via the Disclosure Procedure

Safeguarding Notices

Attendance

In the case of absence or late arrival please contact us as soon as possible. Email: FCCAttendance@fromecollege.org.uk
Telephone 01373 469008(Attendance) or 01373 465353(choose option 1).

Students are not allowed to leave the campus at any time during the day, except by prior arrangement (e.g. medical appointment) or if they are feeling unwell and have been seen by a First Aider.

Your child will need to go to Attendance to sign out. When you come to collect your child, please buzz at the gate in the lower car park (to the right of the Merlin Theatre); Reception staff will ask Student Services to send your child to meet you.

If your child arrives back at College later in the day, they will need to sign in at Attendance

> For all student-related, concerns or queries please phone 01373 469037

New contact details?

If you change your mobile, home or work phone numbers, email address, home address or emergency contacts, please don't forget to let us know!

Contact the Admin Team:
Email: office@fromecollege.org.uk
Telephone: 01373 465353
Write: Admin, Frome College, Bath
Road, Frome, Somerset, BA11 2HQ.

Mobile Phone Policy

Students may bring personal hand- held devices (e.g. phone/tablet) to school with them, but can only use it at break and lunch. Phones must be switched off and not visible during or between lessons.

If students use a device when it is not permitted, it is liable to be confiscated. Students must only access the internet using the College's filtered WiFi. Earphones are not to be visible at any time during the College day.

All such items are brought into College at the student's own risk. We cannot be responsible for any loss/damage.





Frome College is proud to be part of the Midsomer Norton Schools Partnership

Frome College Matters Term 2 2024/25

www.fromecollege.org