

TERM 1
2024/25



Frome College Matters



STUDENTS INFLATE THEIR SELF BELIEF BALLOON WITH I CAN & I AM

Earth House Zines

Alice in Wonderland

Next Steps Careers Hub

Our Sporting Heroes

Library News

www.fromecollege.org

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PRINCIPAL'S LETTER

Our new academic year has started very successfully with a warm welcome to our new year 9 and year 12- both year groups have settled in well to new routines and the academic rigour of new courses. Our younger students were particularly helpful during the College's Open Evening in late September, acting as guides throughout the evening and speaking to parents and future students. Also, well done to this year group on an excellent camping trip - staff commented on the year group's enthusiasm, teamwork and initiative. Clearly year 9 have a promising future at Frome College.



Emma Reynolds
Principal, Frome College

Thank you to everyone who attended our first Careers Morning of the academic year. We hosted over 40 different speakers and companies, both local and regional, who generously donated their time to speak to our students about their work and careers. Feedback from students has been excellent - thank you to Charlotte Gale and Louise Camacho, our NextSteps team, who organise these events so well. If you would like to speak at our next Careers Mornings (21st March and 13th June) please email nextsteps@fromecollege.org.uk for more information.

Year 11 Raising Achievement Evening was well attended. We do recommend that parents and students come to these events for information and guidance on studying and revising at home. A quick reminder that Year 11 mocks start early next term and all resources can be found on the Frog homepage.

Thank you to the charity- 'I Can and I Am' who visited for two weeks this term. The charity helps young people to develop valuable strategies to improve self-esteem and mental health. Our students thoroughly enjoyed the sessions on team work with the added bonus of pizza. In other news, our final day of term concentrates on raising funds for two other important charities: a non-uniform day to support 'Little People' and a raffle with cake sale in aid of 'Macmillan Cancer Support'. Thank you to everyone who helped to support these causes.

Auditions for Alice in Wonderland have been very popular and rehearsals are already underway. We are thrilled that so many students will be involved both on and backstage for this production - our first non-musical since before Covid! A reminder that dates of performances are the week commencing 3rd February. We are also pleased to announce that trips have recommenced with a mixture of subject field trips in addition to a very successful Alexandra Palace visit and a powerful academic trip to Auschwitz. Thank you to both staff and students for making these excursions such a success and learning experience.

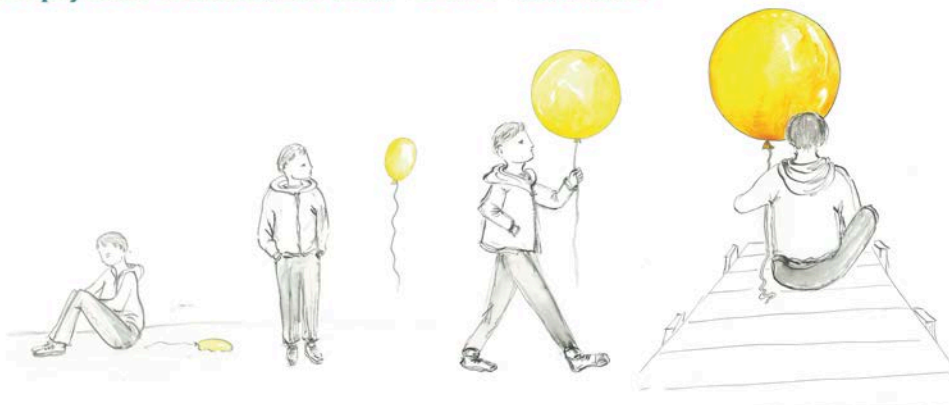
I hope that you enjoy browsing through this newsletter and have a restful half term holiday.

A handwritten signature in dark ink, appearing to be 'ER' or similar initials, located at the bottom left of the page.



I Can & I Am is a charity inspiring self-belief by providing a simple set of tools that are easy to implement and relevant to us all. Tools include helping us to acknowledge our natural strengths, developing a growth mindset, recognising the value of belonging, and becoming aware of the importance of attitude. This term we were extremely lucky to have the charity here for two full weeks. Over 500 students made use of the resources provided on board the two specially converted double-decker buses.

Keep your balloon of self-belief inflated



How do you top up your balloon when it's feeling deflated?

1. Spend time doing what you're good at and what you enjoy.
2. Understand what your qualities are. Use your qualities as often as possible.
3. Spend time in a place or with people where you feel you fit in and that you belong.
4. Challenge yourself to improve in some way, get better at something or fix something that's holding you back.
5. Try to have an attitude of gratitude - be thankful for what you CAN do and what you DO have.





Frome College Performing Arts
presents
ALICE
IN WONDERLAND



After a "mad" turnout at auditions, the cast list is out for our upcoming school production of 'Alice in Wonderland' and we're ready to tumble down the rabbit hole of rehearsals!

Want to join the adventure behind the scenes? Time to "paint the roses red" - or perhaps build some sets! Speak to Ms Byrne in DT to lend a hand backstage.

Remember, "we're all mad here" - so come be part of the madness and magic!

Running from 3.15-4.15pm

Monday Art club (Backstage crew) with Miss Mathis - Painting and decorating props and sets.

DT Club (Backstage crew) with Miss Parsons - making props and sets.

Textiles room

Thursday - Textiles club (backstage crew) with Mrs Gale - Making costumes.

Tech Block

Friday - DT club (Backstage crew) with Mrs Byrne- Making props and sets.

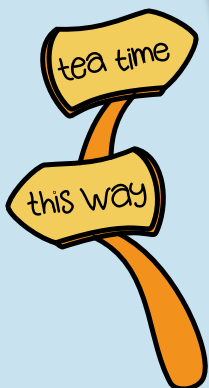


Performances on

5th, 6th and 7th February 2025

Tickets on sale from the Merlin Theatre box office

01373 465949



Sporting Achievements



Liam B, a Year 12 student, has just clinched a bronze medal at the Global Powerlifting Committee World Championships in Trnava, Slovakia for TeamGB! Competing in the Men Teens 67.5kg class, Liam showcased extraordinary strength and determination with these impressive lifts:

- Squat: 135kg
- Bench Press: 90kg
- Deadlift: 160kg

This outstanding performance put Liam on the podium, competing against some of the best young powerlifters from around the world. We couldn't be prouder of his achievement!

But Liam's journey doesn't stop here. He's already setting his sights on the World Championships in Brazil!

Liam's dedication to his sport while maintaining his studies is truly inspirational. He embodies the spirit of excellence we strive to nurture here at Frome College.

We are delighted to announce that Year 10 student Izzie H. has become the English Champion in trampolining, winning gold in the 13-14 female category at the Telford International Centre last weekend.

Izzie, who trains with Evolution Trampoline Club at Frome and Warminster sports centres, has been competing nationally since 2021 and was selected for the GB squad in early 2023. Her dedication to the sport has seen her progress from local competitor to national champion and Team GB athlete.

This half term, Izzie will represent Great Britain at the Loule Championships in Portugal, competing against Europe's finest young athletes. Her remarkable journey showcases what our students can achieve through commitment and hard work.

The entire Frome College community wishes Izzie the very best as she represents both our country and our school in Portugal.





In a remarkable display of skill and dedication, young majorette Lily competed with her senior team at the prestigious NBTA European Championships in the Netherlands on Wednesday, October 9th. Despite being the youngest member of her senior team, Lily helped her squad secure an impressive fourth place in the Parade Corp category, narrowly missing the podium in a competition featuring teams from five different nations.

Lily's journey in majorette dancing began when she was just four years old. Her dedication has taken her to international competitions in both Bulgaria and The Netherlands.

The road to the European Championships wasn't easy. Lily and her teammates had to excel in a major qualifying competition to earn their place among Europe's elite majorette teams. Their fourth-place finish at the NBTA European Championship Senior Teams event represents a significant achievement for the young performer and her team. We are very proud of you Lily!

From the Classroom



Y13 student Katie enchanted Vallis School pupils recently by reading "La Bella y la Bestia" (Beauty and the Beast) to them in Spanish! Katie also taught the pupils key Spanish words from the story! Fun Fact: Katie has been studying Spanish longer than her audience has been alive!

Last week our students stepped into the world of groundbreaking theatre with the incredible Frantic Assembly! For four intense, exhilarating hours, the creators behind "The Curious Incident of the Dog in the Night-Time" pushed our performers beyond their comfort zones. Bodies and minds were stretched to new limits as they explored abstract approaches to storytelling. The company behind "Things I Know to Be True" and "Love Song" guided our students through their revolutionary techniques, leaving everyone exhausted but utterly inspired. "Tired bodies, awakened spirits - that's the Frantic Assembly way!"



Outdoor Learning



Our Year 9 students spent a night at Pitch Perfect Camping in Wolverton this term!

After an evening of activities, including team building and outdoor challenges, the students enjoyed a good night's sleep (who are we kidding?!) before walking back to school after breakfast in the morning.

Outdoor experiences like this help build physical and emotional strength, social development and life skills, as well as making memories to last a lifetime.

Well done to everyone who took part, and thank you to the staff who offered their own time to supervise camp, and to walk the 9 miles home.



Congratulations to our 30 Year 11 students who completed their Silver Duke of Edinburgh Award! They braved some seriously bad weather, but pulled through together, showing true grit and teamwork.

A big thank you to our dedicated volunteers for supporting these amazing students!





Earth House Ambassadors Host Creative Sustainability Workshop

In a vibrant display of environmental advocacy and creative expression, Earth House Ambassadors participated in an innovative Zine Workshop led by James Richards during the final term of the 2023-2024 academic year. The workshop introduced students to the art of zine-making as a powerful medium for environmental communication.

What is a Zine?

Zines are self-published, non-commercial print works typically produced in small, limited batches. These grassroots publications have historically been used as platforms for alternative voices and passionate advocates to share their messages with the world.

Student Creativity Meets Environmental Advocacy

During the workshop, students channeled their environmental concerns into creative projects, producing zines that addressed various pressing ecological issues:

- Foraging and Local Food: Exploring sustainable food sources in our community
- Litter Awareness: Addressing local waste management challenges
- Plastic Pollution: Investigating the growing crisis of plastic waste
- Sustainable Practices: Promoting the principles of reducing, reusing, and recycling

Impact and Future Plans

The workshop proved to be more than just a creative exercise; it equipped students with valuable skills in environmental communication and publishing. The Earth House Ambassadors plan to leverage these newly acquired zine-making skills as an educational tool, enabling students to:

- Reflect on environmental challenges
- Teach peers about sustainability
- Inform the wider community about ecological issues

James Richards's expertise in zine production and design has provided students with a powerful new medium for environmental advocacy. This concise, creative format promises to be an effective tool for future environmental education initiatives at the school.



The success of this workshop demonstrates how combining creative expression with environmental education can inspire young people to become more engaged in sustainability issues while developing practical communication skills.

Next Steps

- Our Career Hub

We were thrilled with the tremendous success of our recent Career Talks, where our students, including sixth formers, had the opportunity to explore diverse career paths through engaging sessions with industry professionals.

Each student selected two talks that aligned with their interests and aspirations, providing them with valuable insights into potential career paths. The sessions offered practical advice, industry knowledge, and real-world perspectives that are invaluable for making informed decisions about their futures.

The feedback has been outstanding, with students particularly appreciating:

- Direct interaction with industry professionals
- Real-world insights into various careers
- Practical advice about entering different industries
- Understanding the day-to-day reality of different professions

A huge thank you to all the businesses who generously shared their time and expertise with our students. Your commitment to supporting the next generation is truly appreciated!

Next Career talk 21st March. If you would like to take part please email nextsteps@fromecollege.org.uk



Useful Websites

Career and University research- Unifrog
WWW.unifrog.org

Careers Pilot - Career research
<https://www.careerpilot.org.uk/>

Apprenticeship Vacancies
<https://skillupsomerset.org.uk/listings>
<https://www.apprenticeships.gov.uk>
<https://amazingapprenticeships.com/higher-degree-listing/>

Year 10 - Work
Experience 20th -24th
January

Year 12 Work Experience -
2-5 days to be selected
by the student.



@fromecollegelibrary

The Library

with Mrs Owsley

A brand new term has brought new faces to the library, and we are very happy to welcome some new year 9 student librarians. This term we are focusing on our new podcast group and preparing for a new murder mystery event for World Book Day 2025.

Murder by the Book

To practice for our own murder mystery event, the student librarians took part in a Murder by the Book event.

Clues were set up around the library and the students had one hour to work out who had murdered the librarian. It was great fun and they had super sleuthing skills and were able to work out 'who did it' within the hour.

Although, they all agreed that it wasn't as good as the one they are creating themselves.



Audiobooks

We are having a focus this term on Audiobooks. Audiobooks are wonderful for struggling readers, especially anyone who might have dyslexic tendencies or find reading difficult. They really bring stories to life and can help even the most reluctant reader to access books. Audiobooks (and eBooks) are completely free for students.

You can find the link to our eLibrary at the bottom of your student home page on Frog – simply follow the link to the digital library. We suggest asking your child to listen to an audio book for 15 minutes each day to begin with – this should be on any topic that they enjoy.

There are over 1350 audio books available, including a wellness section, that focuses on teenage mental health. Most texts that students need to read for their English Literature GCSEs are available online and it is a great way for students to have a better understanding of the content. You can currently access Macbeth and A Christmas Carol in our digital library.



The Library continued....



Year 9 reading challenge

All year 9 students are welcome to enter the year 9 reading challenge for a chance to win an invitation to the Christmas Movie afternoon held in the library this December. The afternoon, hosted by the year 10 student librarians will be a festive celebration with snacks and a Christmas Movie. To enter, students need to submit a book review online. They can find the book review form by scrolling to the bottom of their student page on Frog and heading to the link for the Library Challenge. The more times you enter, the better chance you have of winning a space. There is also a prize for the best book review.

Podcast News!

Our new podcast group 'Bookshelf BFFs' is up and running. The student librarians have been working with Ms Owen developing our very own library podcast. We aim to start recording next month. This podcast will have book reviews, an interview and a topical section where they discuss things that affect their lives. We are having so much fun planning it. The first book they will review is 'A Good Girls Guide to Murder' by Holly Jackson.



Community Noticeboard



Youth Matters
Mind in Somerset

PEER SUPPORT YOUTH GROUPS

1-1 SESSIONS

MONDAYS 5PM TO 6.30PM
FROME TOWN HALL
CHRISTCHURCH STREET WEST
FROME BA11 1EB

FOR AGE 13+ - BY REFERRAL ONLY

FOR MORE INFORMATION, SCAN THE QR CODE WHERE YOU CAN ALSO FILL IN A REFERRAL FORM FOR YOUTH MATTERS.

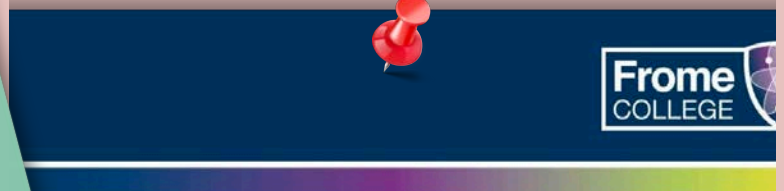
ALTERNATIVELY YOU CAN EMAIL
YOUTH.MATTERS@MINDINSOMERSET.ORG.UK
WWW.MINDINSOMERSET.ORG.UK



YOUNG PEOPLE'S WELLBEING DROP-IN

Focus Frome

13-19 YEAR OLDS, THURS 3-5PM, THE GOOD HEART



Frome
COLLEGE

Exam Invigilator

Casual Contract

£11.79 per hour

We are seeking to recruit Exam Invigilators for GCSE and A-level exams.

The role will be on a casual basis to assist with examination supervision throughout the year. The number of days and hours worked will vary dependant on demand and season, and you do not need to commit to working for every season. The peak season is May to June when students take most of their public exams. The school will also require invigilators for exam series in November and January to March. There is flexibility on number of hours worked to suit the individual invigilator, providing the needs of the college are met and all exams are fully supervised.

Full training will be provided, and you will join a friendly and supportive team of experienced exam invigilators and exam assistants.

Duties and Responsibilities include:

- Assist with setting up examination venues (arranging tables, laying out equipment and examination papers)
- Distribute and collect examination papers/scripts/materials from candidates at the start and end of exams
- Ensure that the Examination Room is conducive to examination conditions and minimise distractions
- Supervise the entry and exit of candidates to and from the Examination Room
- Ensure that examinations begin and end on time as scheduled
- Deal sensitively with candidates who have special arrangements

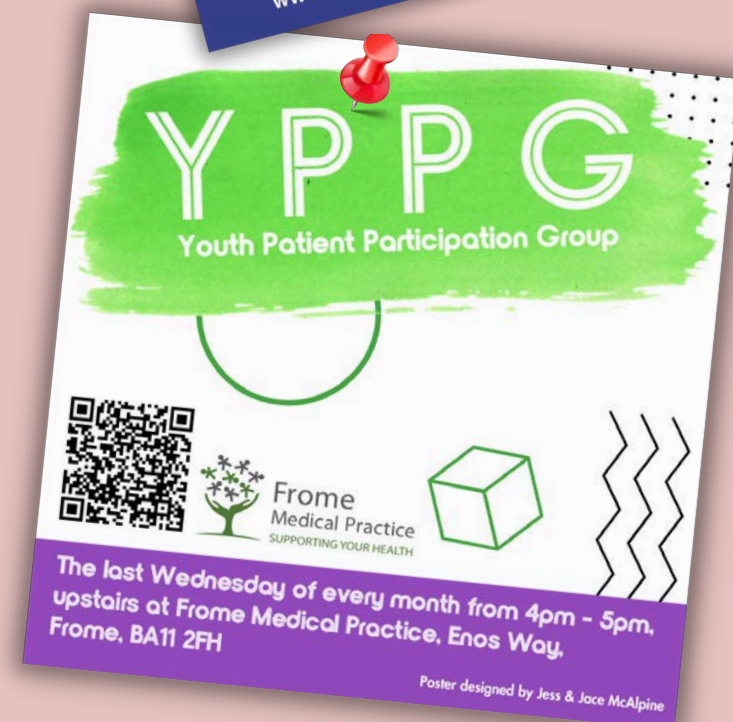
Frome College is a successful, vibrant, and forward thinking 13-19 Upper School with approximately 1300 students. It is a fast-moving College within the Midsomer Norton Schools Partnership. We are based on a stunning campus in easy reach of Bath and Bristol. Frome itself is a thriving market town, with a vibrant artistic community with the renowned Frome Festival, monthly Sunday market and many restaurants and 2 theatres, one of which is on campus.

Posted copies of application forms available upon request.

Completed applications should be returned by post or by email to:
fccrecruitment@fromecollege.org.uk

For more information or for an informal discussion, please contact:
Sharon Frew on 01373 465353.

This post requires an enhanced criminal background check via the Disclosure Procedure



YPPG
Youth Patient Participation Group

Frome Medical Practice
SUPPORTING YOUR HEALTH

The last Wednesday of every month from 4pm - 5pm,
upstairs at Frome Medical Practice, Enos Way,
Frome, BA11 2FH

Poster designed by Jess & Jace McAlpine

Frome College . Bath Road . Frome . Somerset . BA11 2HQ
www.fromecollege.org . 01373 465353

Safeguarding Notices

Attendance

In the case of absence or late arrival please contact us as soon as possible.

Email: FCCAttendance@fromecollege.org.uk

Telephone 01373 469008(Attendance) or 01373 465353(choose option 1).

Students are not allowed to leave the campus at any time during the day, except by prior arrangement (e.g. medical appointment) or if they are feeling unwell and have been seen by a First Aider.

Your child will need to go to Attendance to sign out. When you come to collect your child, please buzz at the gate in the lower car park (to the right of the Merlin Theatre); Reception staff will ask Student Services to send your child to meet you.

If your child arrives back at College later in the day, they will need to sign in at Attendance

New contact details?

If you change your mobile, home or work phone numbers, email address, home address or emergency contacts, please don't forget to let us know!

Contact the Admin Team:

Email: office@fromecollege.org.uk

Telephone: 01373 465353

Write: Admin, Frome College, Bath Road, Frome, Somerset, BA11 2HQ.

Mobile Phone Policy

Students may bring personal hand-held devices (e.g. phone/tablet) to school with them, but can only use it at break and lunch. Phones must be switched off and not visible during or between lessons.

If students use a device when it is not permitted, it is liable to be confiscated. Students must only access the internet using the College's filtered WiFi. Earphones are not to be visible at any time during the College day.

All such items are brought into College at the student's own risk. We cannot be responsible for any loss/damage.

For all student-related,
concerns or queries
please phone
01373 469037



Frome College is proud to be part of the
Midsomer Norton Schools Partnership

Frome College Matters
Term 1 2024/25

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